Term 2 Week 2

Tuesday 6 May
Mother’s Day Stall
Uniform Shop closed

Wednesday 7 May
School Cross Country
5:30–6:30pm Uniform Shop Open
7:30pm P&C Meeting

Thursday 8 May
12:30pm K-2 Assembly
2:05pm 3-6 Assembly

Friday 9 May
8am Band Parent Meeting

Term 2 Week 3

Tuesday 13 May
NAPLAN (Years 3 & 5)

Wednesday 14 May
NAPLAN (Years 3 & 5)

Thursday 15 May
NAPLAN (Years 3 & 5)

Friday 16 May
Oz Opera (Stage 2)

Term 2 Week 4

Monday 19 May
7pm OOSH AGM

Tuesday 20 May
ICAS Computer Skills
Didjeribone Incursion
Year 5 Recorder Rehearsal

Wednesday 21 May
Maths Olympiad

Thursday 22 May
Zone Cross Country
K-6 Assembly (2.05pm)

Saturday 24 May
Aerobics State Preliminary

Principal’s Message

Nut Allergies
Each term I like to remind our community, there are students in the school who suffer from nut allergies. For some, being exposed to a nut could cause a significant anaphylaxis reaction. We again remind parents that no nut products should be brought to school. This is especially relevant if sending in a birthday cake for students to share.

Nuts to avoid include:
- Almonds
- Brazil nuts
- Cashews
- Hazelnuts
- Macadamias
- Pecans
- Pinenuts
- Pistachios
- Walnuts
- Peanuts

Foods to avoid include:
- Cereals
- Most chocolates
- Nutella
- Nut oils
- Sauces e.g. pesto
- Muesli bars
- Nut milks e.g. almond milk
- Ice-cream

For the safety of all our children, we request you follow these guidelines.

Changing Communication
A letter was sent home with students last week explaining the new method the school is utilising to email newsletters and other information to parents. This is an opt-in system – that is, you must indicate your willingness to be involved. Further information has been attached to the email used to forward this newsletter. This is the last week we will be using the “old” system. The new system will allow the school to forward more information to our parents. Another advantage is that you will be able to receive notification on your mobile phone (Android and Apple) when a message has been sent. An advantage of this new system was witnessed last week when the school was able to inform those parents who had registered that the cross country carnival had been postponed.

P&C Disco
Thank you to the families who supported the disco last Friday night – the students looked as though they were enjoying it. Thank you to the P&C volunteers who organised and ran the disco – it is greatly appreciated.
Money Procedures
Please place money for P&C activities in a separate envelope from school money. Money should go via the class teacher. We request that payments are not made on Fridays.

Mark Hoppitt
Principal

Stage News

Kindy
Welcome to another week of Kindergarten. This week’s sounds are ‘sh’ and ‘ng’, and the tricky words are ‘go’, ‘going’, ‘for’ and ‘they’. We had such a fun time at the disco on Friday night. Thank you to the P&C for organising and running such a wonderful event! Please remember that the postponed Cross Country will be held this Wednesday after recess. Students are to wear their sports uniform and sneakers. Students may also like to wear a coloured t-shirt to represent their house. Please pack something to sit on, plenty of water and, if need be, an asthma puffer. The K-2 assembly will be held this Thursday at 12:30pm in the hall. We hope to see you there!

Stage 1
What a great start to the term! It looked like all students had a great time attending the school disco. Thank you to the P&C for holding such a great event. 2V’s reading groups will commence this week as well as a Year 2 choir group. On Wednesday the Cross Country will be held. Your child should have brought home a note with information about the day. You should have also received a Term 2 overview including our news topics.

Students will be assessed in Week 3. The topic for the assessment is “A Family Celebration” tell your class about a celebration that you and your family celebrate. It could be birthdays, Christmas, Easter or any other type of religious or cultural celebration. Make sure you include the following: an introduction to the celebration, what is special about this celebration, where and when does it take place and any special food, clothing or events.

On Thursday we have our first K-2 Assembly for the Term. 1L will be hosting the assembly and 1D will be presenting an item. Please come and join us at 12:30pm. Year 1 also have maths groups from 2:30pm-3:00pm on Tuesday afternoon. All parents are welcome to come and help. If you have any questions in regards to the term and the news topic assessment please see your child’s teacher.

Stage 2
Last week we sadly farewelled Mrs Renowden who is moving out of Sydney. We welcome Miss Lambert who will take over teaching 4R. Year 3 maths groups began last week, with Mrs Mackenzie joining Mrs Bales and Miss Lagado to teach targeted groups. The focus this term is on strengthening number skills. We received fantastic feedback from students after the first lesson and both teachers and students are excited about upcoming lessons. Letters inviting students to apply for OC testing were distributed to Year 4 students last week. If you would like your child to sit this test, please return the note as soon as possible. This week students will receive this term’s Speaking and Listening task which will be due in Week 5. We look forward to hearing the amazing persuasive speeches our students will prepare. Have a fantastic week!

Stage 3
Year 6 have been busy preparing for Peer Support for this year. They enjoyed preparation last Thursday and today. They are very excited and a little nervous to implement everything they have learnt. Assembly this week is for Years 3 to 6 and 5B will be presenting an item. Next week will be a big week with NAPLAN testing. Hopefully cross country will go ahead this Wednesday. Each month each child in primary receives a school magazine. Please check your child’s bag and read some of the stories with your child. They are really interesting and reading with your child is so beneficial.

Around the School

School Expectations
This week our focus is on STAY SAFE. we can display this in and around the school in many ways, including:

- Playing ball games in the right area
- Walking on all hard surfaces, especially when going on a message
- Tell the teacher on duty if you see others hurt or not staying safe
- Tuck our chairs in neatly and putting school bags in a safe area inside and outside the classroom.
- We would like to remind all students to bring in their 10 ‘Caught You Being Good” cards to collect your bronze and also 100 house points in your classroom.

Peer Support
We are commencing Peer Support lessons this week. The whole school participate in Peer Support for 30 minutes each week. Two Year 6 Peer Support leaders facilitate a small group of students in Kindergarten to Year 5, who work together through a number of structured activities. Each teacher will supervise 2-3 groups in their classroom. We are working on a module called ‘Keeping Friends’ helping us explore the concept of friendship, build relationships and develop skills in empathy and critical thinking. The module runs for 8 sessions. Our first session enables the children to get to know everyone in their group, agreeing on how they will work together and interact cooperatively with others. They will also begin to think about the meaning of friendship. We encourage you to talk to your children about Peer Support every week as it will help reinforce the concepts learned in each session.

Science and Technology
This term K-2 students will be studying the weather, how it changes and how it affects their daily lives. The tadpoles in the Science room continue to grow and we are all eagerly awaiting the appearance of legs.
Mrs Amat

Library News
All families should have received a note last week with extra details about the Premier’s Reading Challenge. This has been underway since March and I know that many students are going well with the Challenge. A third Book Club has just commenced with orders due on Friday 16th May. I will be ordering on the day so please have them in to the library by 9am. Book Club orders generate commission for the school and are greatly appreciated. I am sending home overdue notes soon that will detail any books that the library computer believes are at home with students. Most of the time the overdue notes are correct, but occasionally some books will not scan correctly and the books may actually be in the library. If you receive an overdue note but believe it to be wrong, simply highlight the books you cannot find and we will search the shelves. Most books will be found using this method.

Mr Butterfield

K-2 Dance Group
Dance Group auditions are finally here. For those who came and put their name down on the list or who would like to audition they need to come to the hall on Friday after lunch eating time for our first audition. We can’t wait to see all our dancers.

3-6 Dance Group
Thank you to all the parents of the 3-6 Dance Group for your support in getting the dancers to all the morning and afternoon rehearsals in Term 1. We have our upcoming audition for the Ryde Schools Spectacular at the end of this term, so we will still be rehearsing Thursday morning from 7:45am - 8:30am and Thursday afternoon from 3:00pm - 3:45pm this term. The children should be commended on their dedication and effort to dance. Students will be receiving a note with the costings for their costumes this week. If payment could please be made as soon as possible, that would be greatly appreciated. Thanking you for your understanding and support.

Junior Choir
All Junior Choir students will be taking home a note about two rehearsals at Epping West Public School which will take place later in May and in September. Please ensure that all students involved return their note and money to Mrs Barton as soon as possible.

S. Barton (Junior Choir teacher)

Sustainable Transport Open Day
The City of Ryde is collaborating with Ryde TAFE NSI and various local businesses to host a Sustainable Transport Open Day. It is aimed at residents, families, students and individuals living within Ryde to come along and see what Sustainable Transport opportunities are available. You can view, test ride and interact with them at our displays. There will be free workshops including a ‘learn to skate safely’ workshop for children and a ‘Bring your bike ergonomic and bike maintenance workshop.’ Families from the City of Ryde are invited to attend the Free day out. It will be held on 11 May at the Ryde TAFE NSI campus, Parkes Street, Ryde from 10-3pm. Walk, ride, skate down and be a part of a sustainable day out!

Live/Life Well - Screen-free things to do
Limit your child’s screen time to no more than one to two hours a day. This includes television, electronic games and computer games. Offer alternatives to watching TV, until new, healthy habits are created. Some alternatives are:
• listen to music
• go to the park
• draw a picture
• play cards
• ride a bike
• read a book
• make a scrap book
• hula hoop
• jump rope
• play with your pet
• do a crossword
• learn a magic trick
• learn to juggle
• plant some seedlings
• play hopscotch
• learn to knit or crochet
• play a board game
• create sidewalk art with chalk
• build a cubby house.

Turn off the TV or computer and get active
• Set a limit on the amount of time children watch television or spend on the computer. Two hours a day is the maximum. Too much screen time limits physical activity.
• On the weekend, live life instead of watching it on TV. Find a new place to hike, bike or run. When you hear “I’m bored” – think of something active to do.
• During the winter months, avoid allowing children to watch too much TV or play video games. Encourage active play, which builds social, mental and physical motor skills.

Why reduce television time?
• Studies have shown we use less energy watching TV than sitting still
• TV influences the food choice of kids – Australia has a high rate of food advertising during children’s viewing hours
• TV replaces time a child can be active and enjoy physical activity
• There is an association between TV watching and being overweight
• 40% of children 5 – 12 years report watching an average of two hours or more of television or videos a day.

PSSA
Netball and Soccer at Meadowbank Park. Tiger Tag at Morrison Bay and AFL at ELS Hall (Kent Road).

Band News
There will be a Band Parents meeting to be held this Friday 9th May at 8am. Please meet near the sandpits. All band parents are welcome. The focus will be on upcoming fundraising initiatives for the remainder of the year which would go towards any band subsidies.
Disco News
Thank you to Mr Hoppitt, Teachers and the fantastic group of parent volunteers for helping to make the disco a great success in particular Wayne, Chris, Belinda M, Belinda B, Mel, Theresa, Emma, Shane, Wendy. Also Robyn and Trish who cut the rolls during their canteen shift. Sorry if I missed anyone. We raised approx $2000 for the school and is the most successful disco I've run. Hope you had a great time and thanks for coming.
Beth Cooksey – Co-ordinator

2014/2015 Entertainment Books are now available
Special 20th anniversary edition this year – Sydney and Sydney North books are combined - $70, Sydney Greater West - $65, New this year: digital membership is now available – redeem offers from your smart phone. Please contact me to order your Entertainment Book to help raise funds for Ermington Public School P&C (each book sold we get 20% for the school). More info, please contact Belinda on E: belinda5d@optusnet.com.au or M: 0410 210 702 or Please tell your family, friends, colleagues and neighbours. To order online go to https://www.entertainmentbook.com.au/orderbooks/217e692

P&C Meeting, Wed 7th May, 7.30pm in Library
If anyone is a member of the Aussie Farmers Direct (AFD) please contact me, the details are below so that the school can benefit from the 2% fundraising offer. A Special thanks to Megan and all volunteers for organising last month’s Easter Egg Stall and raffle. Special thanks also to Beth C. and volunteers for organising the Disco last week. We raised over $2,000 which is much more than expected. Chris: 0407-909-748 or E: ermps.pandc.vpresident1@gmail

No Parents Forum this week due to Cross Country

Mother’s Day Raffle
Tickets will be on sale each morning before school this week. This will be drawn at the morning assembly this Friday. Tickets are 50c each or 3 for $1.

Mother Day Breakfast
This Friday, it’s time to celebrate mum’s, grandma’s, auntie’s and other female carers and give them the morning off by letting the dads make breakfast for you and your children! Breakfast: Bacon and egg roll (all eggs are free range) or Bircher Muesli with fruit, and coffee or tea (mums only) or orange juice.

Mums free, children $2.50 each, with 3 or more (from same family) $6.

Note: Only one female carer/child (from school). Surplus fee range eggs will be sold from 9am ($1.50 /half dozen) Surplus Mother Day gifts will be sold and raffles until drawn at 9am Note: unaccompanied children will only be offered breakfast if stock is available and after all mums from 8.30am. Dads we need you! Please contact me to help with BBQ. Chris: 0407-909-748 or email: ermps.pandc.vpresident1@gmail

Uniform Shop
The uniform shop will be open this Wednesday evening, 7th May from 5.30pm to 6.30pm.

Coffee and Prayer
The next meeting is on Wednesday May 14th, 7:45pm at Claire’s house, 16 Murdoch Street, Ermington. All are welcome. For more info please call Claire 0400 376 008 or Anne 0422 619 008.

OOSH
EPS OOSH needs your help supporting our wonderful staff by joining the management committee and helping this valuable service continue to thrive. On Monday 19th May at 7pm, our Annual General Meeting will be held. This is the time when the new committee will be established for the following 12 months. Please consider if you can spare an hour or two each month to contribute to the ongoing success of your OOSH.

The committee and Centre Director meet twice during the school term to discuss and make decisions on the general operation of OOSH including its finances and compliance with regulations. The committee is incorporated but does report to the P&C at its monthly meetings. More information on the service can be found at http://ermingtonoosh.com/

Documents regarding the AGM, including committee membership forms can be found near the sign on book at OOSH. Any enquiries please speak to the Centre Director Allison van Hilst

CANTEEN NEWS

VOLUNTEERS for Wednesdays
The canteen will be closed for one Wednesday per month if we cannot get a few more permanent volunteers for Wednesdays.
We also still require 1 more person for Thursdays.
Please enquire at office, or contact Wendy 0412154004 – wlarocca@optusnet.com.au

ONLINE CANTEEN
go to Ermington.school24.com.au
School ID no. 25130963. When topping up account - bank/cash deposits need to have a copy of the transaction receipt sent to wlarocca@optusnet.com.au - along with a ‘top-up request’ sent through the School24 website before the money can be verified.

CANTEEN ROSTER
Wednesday 7/5 Teresa, Kelly (filling in)
Thursday 8/5 Colette, Kate E, Anne H
Friday 9/5 Wendy, Melissa, Teresa
Monday 12/5 Wendy, Ana
Tuesday 13/5 Donna (help needed)
Wednesday 14/5 Nichole, La (help needed for training)
Thursday 15/5 James, Meena, Louise (pm)
Friday 16/5 Wendy, Terri, Clarissa (10-2.15)
Kiss and Ride Roster
If you can assist with the K&R service for 15 minutes once per month, email colettegrundy@yahoo.com.au

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Newsletter Deadline
Articles should be submitted electronically to the School Office by 12 noon Monday. These should be sent to: ermington-p.school@det.nsw.edu.au
Subject: Newsletter Insert

The school often publishes information on behalf of community groups – parents need to decide on the appropriateness of activities involving their child. It is the responsibility of each parent to research the bona fides of any organisation in which you wish for your child to be involved. The school accepts no responsibility with regard to advertisements placed in the newsletter. Parents and guardians should make their own decision.

Private Piano Lessons
- High school teaching experience +10 years piano tuition experience (A.M.W.B)
- Bachelor of Music / Education UNSW
- Amus. A in piano
- Studying Music Therapy UWS
- 1st lesson half price
For more information please contact Peggy Shen on 0433677233 or p.shen29@gmail.com

Sponsors for Mother’s Day Raffle

Elite Dental
Modern Family Dental Practice
- Specialised in treating children
- Gentle female dentists
- No-needle inhalation sedation option available
- Video glasses during treatment for relaxation
- Plenty of parking and ground floor premises
1/1 Maxim Street, West Ryde, NSW 2114
Phone: 9807 1682
www.elitedental.com.au

Optometrist
20/20 eyesight is not 20/20 vision
Eyesight is just the ability to see, while vision is a developed skill that allows us to identify, interpret and act on what is seen. About 1 in 5 children have vision problems that affect their learning ability, so get your child’s vision tested.
Tom Geroulas Optometrist
1093 Victoria Rd (Car Bellevue Ave) West Ryde Phone 9804 6896

INTUITION STUDIOS
12/104 Denison Street, Ermington Phone: 0407 125 837

Spectacles, Orthotics, Sports, Hearing Tests
- Astigmatism
- Myopia
- Hyperopia
- Presbyopia
- Contact Lenses
- Hearing Tests
- Audiology
- Hearing Aids

Event Cinemas
9804 1491
3/4 Stamford Avenue
Ermington
info@astonmedispa.com.au

Gift Vouchers available for all treatments
- Laser Hair Removal
- Facial Treatments, Chemical Peels
- Microdermabrasion
- Body Scrubs and Treatments
- Swedish and Aromatherapy Massage
- Sports and Remedial Massage
- Manicure/Pedicure
- Waxing
- Spray Tanning

Products
- Ultraceuticals, Payot, Peorovia, Naked Tan
www.astonmedispa.com.au